

2022

# EMERGENCY FIRST RESPONSE

**FLOAT  
N' FLAG**  
DIVE CENTRE



Feb 22<sup>nd</sup> | Apr 13<sup>th</sup> | Jun 7<sup>th</sup> | Jul 16<sup>th</sup> | Aug 18<sup>th</sup> | Sept 28<sup>th</sup>

Emergency First Response includes manual, certification fees and use of all First aid & CPR aids. Take a step toward emergency preparedness and meet PADI Rescue Diver prerequisites with this course. As one of the foremost international CPR and First Aid training companies, Emergency First Response gives you the confidence to respond to medical emergencies - not just in the diving world, but in your every day world with your family, friends, neighbours and co-workers too.

#### The EFR courses encompasses:

- CPR for adults and children
- First aid for adults and children
- Automated External Defibrillator (AED) training

#### The Fun Part

The fun part about Emergency First Response training is learning serious medical emergency response skills in an upbeat, positive environment. You gain the confidence that you are prepared to help in an emergency.

#### What You Learn in the EFR Primary and Secondary Care Courses

- BLS (Basic Life Support) CPR and rescue breathing at the layperson level
- AED (automated external defibrillator) use (optional)
- Preventing and caring for shock
- Spinal injury management
- Use of barriers to reduce disease transmission risk
- Basic first aid and first aid kit considerations

#### The Learning Materials You Need

Through a combination of independent study and skill practice with an instructor, you'll build the confidence and skills to provide basic emergency care. The Primary and Secondary Care e-learning reviews emergency scenarios and provides step-by-step skill demonstrations video, and then your instructor will demonstrate the skills live and coach you through practice with each.

Prerequisites: Anybody is eligible to take this course, both divers and non-divers alike. This course can also be organized and taught at your site for appropriate sized groups.

Cost: \$150 + EFR e-Learning @ \$159. Tax not included. The course fee includes use of all First Aid and CPR aids and your certification card plus **Lifetime FREE Refresher participation every 2 years** (small recertification fee will apply if recertification card is required)

#### Schedule:

Session #1: At Float N' Flag Dive Centre - 10am for weekend classes, 6pm for weeknight classes