

PADI SIDEMOUNT DIVER

FLOAT
N' FLAG
DIVE CENTRE



On Request. 3 Students minimum. Private lessons Available.

If you've ever wanted to increase your bottom time with a second tank, but your back aches at the thought of carrying around a set of doubles, then sidemount diving may be for you! In sidemount diving, you take the cylinders off your back and wear them along the side of your body. Most of the time, you'll put them on in the water too! Not only are the cylinders easier to carry and wear, but diving sidemount offers many benefits for in-water streamlining and flexibility.

Your PADI Sidemount Diver training consists of...

- Sidemount e-Learning
- In-person equipment review and configuration session
- One confined water session and three open water dives

With your instructor, you'll make a confined water dive to become familiar with sidemount diving equipment. They will also teach you sidemount diving skills including: frog kicking, attaching and removing scuba tanks as you enter and exit the water, unclipping a scuba tank and swimming with the tank in front of you, and how to switch second stages and manage your breathing gas when wearing two scuba tanks. When you're comfortable with these skills, you'll make three open water dives where you'll practice your new skills, buoyancy control and problem solving.

Pre-requisites

- PADI Open Water Diver
- 15 Years Old
- Equipment - Sidemount BCD, two fully independent first and second stages each with an SPG, at least one of which has a 5 to 7 foot second stage hose. At least one first stage must also have a low pressure inflator hose to supply air to the BCD.

Cost: Sidemount course is \$499 + e-learning (\$163). Tax extra.

Schedule:

Classroom Sessions @ 6:00pm - Float N' Flag Classroom
Dives: TBC with Participants